Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue.

See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
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per response...

0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses)														
1. Name and Address of Repor CARACI PHILIP D		ne and Ticker or Tr TERS INC [BFS		bol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
7501 Wisconsin Avenue,	3. Date of Earl 07/01/2010	liest Transaction (M	onth/Day/Y	Year	·)	X_ Director 10% Owner Officer (give title below) Other (specify below)								
Bethesda, MD 20814	4. If Amendmo	ent, Date of Origina	l Filed (Mon	nth/Da	ay/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City)	(State)	(Zip)		Table I - Non-Derivative Securities Acqu						acquired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	Dat		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Beneficial Ownership		
					Code	V	Amount	(A) or (D)			or Indirect (I) (Instr. 4)	(Instr. 4)		
Common Shares										3,002	I	Wife's IRA		
Series B Preferred Stock										2,000	I	Wifes- Trust		
Common Shares										51,116	D ⁽⁵⁾			
Series A Preferred Stock										200	D ⁽⁶⁾			
Series B Preferred Stock										250	I	Wife's IRA		
Common Shares										23,164	I	Wifes- Trust		
Series B Preferred Stock										250	I ⁽³⁾	Self- Trust		
Series B Preferred Stock										8,700	D ⁽⁵⁾			
Common Shares										59,987	I ⁽³⁾	Self- Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(1.6., p. 1, 1, p. 1,														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Code		ion of Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	Ownership Form of	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Number of Shares			
Phantom Stock ⁽²⁾	\$41.31(1)							(4)	(4)	Common Stock	18,672.636	18,672.636 (7)	D	
Stock Option	\$40.35							05/01/2006	05/06/2016	Common Stock	2,500	2,500	D	
Stock Option	\$54.17							04/27/2007	04/27/2017	Common Stock	2,500	2,500	D	
Stock Option	\$50.15							04/25/2008	04/25/2018	Common Stock	2,500	2,500	D	
Stock Option	\$32.68							04/24/2009	04/24/2019	Common Stock	2,500	2,500	D	
Stock Option	\$38.76							05/07/2010	05/07/2020	Common Stock	2,500	2,500	D	

Reporting Owners

D O N / A Li	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
CARACI PHILIP D 7501 Wisconsin Avenue 15th Floor Bethesda, MD 20814	X							

Signatures

Scott V. Schneider, by Power of Attorney	07/06/2010		
**Signature of Reporting Person	Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- **(1)** 1 for 1
- Pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and the Deferred Fee Agreement executed by the reporting person, the reporting person has elected to defer receipt of his
- (2) director's fees, and receive phantom stock, the amount of which is calculated as the quotient of the dollar value of fees deferred, divided by the fair market value of the issuer's shares on the date the phantom stock is received.
- (3) Self-Trust. Reporting person is a Trustee
- (4) The conversion of phantom stock into shares of the issuer's common stock is governed pursuant to terms of the issuer's Deferred Compensation Plan under its 2004 Stock Plan, as amended, and the reporting person's Deferred Fee Agreement.
- (5) Self-IRA
- (6) Self-Keogh
- (7) Includes 170.497 shares (\$39.0668/share) awarded April 30, 2010 as dividend reinvestments on shares of phantom stock held by the reporting person pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and shares of phantom stock issued under the issuer's Deferred Compensation Stock Plan for Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.